



SUMATHI REDDY
INSTITUTE OF TECHNOLOGY FOR WOMEN

L e a r n i n g a t i t s b e s t

Affiliated to JNTUH - Approved by AICTE

No. SRITW/SKILLS/2022

Date: 01.09.2022

CIRCULAR

All the students are hereby informed that a one-day career guidance program on '**Health and Hygiene- Personal and Community**' will be organized on 03.09.2022. The interested students can enroll their names with the Co-Ordinator Mrs.Raghava kumari, Assistant Professor, Department of ECE.

For detailed information you can refer to the brochure and program schedule displayed on the notice board.

Venue: Seminar Hall.

Principal

Principal

Sumathi Reddy Institute of Technology for Women
Ananthasagar (V), Hasanparthy (M)
WARANGAL - 506 371 (TS)

To be read in all class rooms

Copy to :

1. All HOD's (CSE,ECE,EEE and H&SC)
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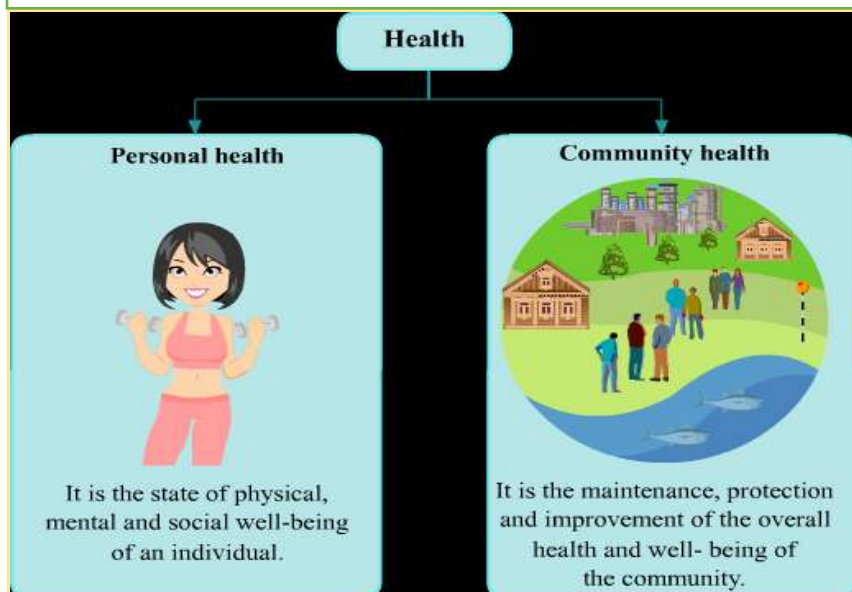
SUMATHI REDDY

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A One day Career guidance program on

‘Health and Hygiene- Personal and Community’(Dt: 03.09.2022)



Program Highlights:

Hands-on demonstrations of proper hygiene practices.

Discussions on the impact of nutrition on personal health.

Information on how communities can improve sanitation and hygiene.

Case studies and success stories related to community health initiatives.

Organized by Department of Electronics and Communication Engineering



Rajan
Principal
Sumathi Reddy Institute of Technology for Women
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Program Schedule:

Date/Day	Session Time	Topic for Discussion	Speaker Name
03.09.2022	10:00am - 10:50am	The importance of health and hygiene at personal and community levels.	Dr.SWAPNA
	10:50am – 11:30am	Personal Health and Hygiene.	
	11:30am – 11:40am	Break	
	11:40am – 12:30pm	Hands-On Handwashing Demonstration. Community Health and Hygiene.	
	12:30pm to 1:30pm	LUNCH	
	1:30pm to 02:15pm	Clean Environment and Waste Management.	Dr.SWAPNA
	2:15pm – 3:00pm	Food Safety and Hygiene Practices. Hygiene Promotion and Health Education.	
	3:00pm – 3:45pm	Disease Prevention and Emergency Preparedness.	
	3:45pm – 4:00pm	Closing Reamrks	

Resource Person Details: Dr.Swapna, Psychologist, Warangal, Telangana.

swapna.psych2002@gmail.com



Rijan

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REPORT OF THE PROGRAM



A one day career guidance program has been taken by Dr.Swapna ,Psychologist, Warangal
on 03.09.2022



Rupa

Principal

Sumathi Reddy Institute of Technology for Women
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SRITW conducted a program on 'Health and Hygiene- Personal and Community' by Dr. SWAPNA, Psychologist at SRITW Seminar Hall.

Health and hygiene, both at the personal and community levels, are fundamental aspects of well-being and the prevention of diseases. Maintaining good health and practicing proper hygiene practices are crucial not only for individual health but also for the overall well-being of communities. Here's an overview of health and hygiene practices at both levels.

This workshop aims to empower participants with knowledge and practical skills related to personal and community health and hygiene. Through interactive activities, discussions, and hands-on demonstrations, participants can gain a deeper understanding of the importance of these practices and how they contribute to disease prevention and the overall well-being of individuals and communities.

Objectives:

- Promote Basic Hygiene Practices
- Encourage Physical Activity
- Promote Cleanliness and Sanitation
- Promote Healthy Lifestyles in the Community

Outcomes:

After completion of the program, the outcomes are, focusing on both personal and community aspects, can have far-reaching positive effects on individuals and their communities.

- Improved Personal Well-being
- Reduced Risk of Illness
- Enhanced Mental Health
- Better Disease Management
- Improved Community Sanitation
- Strengthened Community Engagement



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LIST OF STUDENTS ENROLLED for Health and Hygiene- Personal and Community

ACY:2021-2022

DATE: 03-09-2022

S.NO	ROLL NUMBER	STUDENT NAME	SIGNATURE
1	216Y1A0447	KURLA ANUSHA	K Anusha
2	216Y1A0450	MADASU MAAHENDHRI	Maaahendri
3	216Y1A0452	MANCHALA SRUTHI	Manchala Sruthi
4	216Y1A0454	MANDA HARIKA	Manda Harika
5	216Y1A0457	MEHWEESH	Mehweesh
6	216Y1A0458	MITTAPALLY SAI RISHIKA	Sai Rishika
7	216Y1A0459	MITTAPALLY SHWESHKA	Shweshika
8	216Y1A0460	MODAM ABHINAYA	Abhinaya
9	216Y1A0462	MUKKERA NIKHITHA	Nikhitha
10	216Y1A0463	NARAGANI REETHIKA	Reethika
11	216Y1A0464	NAGIDI VARSHITHA	Varshitha
12	216Y1A0466	NOMULA KAVYA SRI	Kavya Sri
13	216Y1A0467	PALANGTHOD BHAVANI	Bhavani
14	216Y1A0468	PALLE SHIVANI	Shivani
15	216Y1A0470	PENTA SHRUTHI	Sruthi
16	216Y1A0474	POTUKURI NAVYASREE	Navyasree
17	216Y1A0477	PUTTA SOUMYA	Soumya
18	216Y1A0478	PUTTAPAKA ASHRITHA	Ashritha
19	216Y1A0480	RAVULA JOSHNAVI	Joshravi
20	216Y1A0482	REGALLA CHANDANA	Chandana R
21	216Y1A0484	SABBANI SWETHA RAMESH	Swetha
22	216Y1A0485	SAIRA MAHVIYA	Mahviya
23	216Y1A0488	SHAIK MUSKAAN	Muskaan
24	216Y1A0489	SHESHUGARI KAVYA	Kavya
25	216Y1A0493	THAHNIYATH IMRANA	Imrana
26	216Y1A0494	THALLAPALLI NAVYA SREE	Navya Sree
27	216Y1A0495	UDUTHA ASHWINI	Ashwini
28	216Y1A0497	VATTE SUSHMA	Sushma
29	216Y1A0499	VENGALA SWETHA	Swetha
30	216Y1A0502	ADEPU VEENA VAHINI	Venavahini
31	216Y1A0503	ALEKYA KONGANTI	Aleky
32	216Y1A0506	ALUVOJU MADHUMITHA	Madhumitha
33	216Y1A0595	RUTTALA VARSHITHA	Varshitha
34	216Y1A0596	SAINDLA SWETHA	Swetha
35	216Y1A0597	SAINI SREE NITYA	Sree Nitya
36	216Y1A05A1	SATHU SINDHU	Sadhu
37	216Y1A05A4	SHANIGARAM PAVANI	Pavani
38	216Y1A05A5	SHANIGARAPU MOUNIKA	Mounika
39	216Y1A05A8	T V SHUSHRITHA	Shushritha
40	216Y1A05A9	TALLA ABHINAYA	Abhinaya



Rajini
PRINCIPAL

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41	216Y1A05B3	THATIKONDA RASAGNA	Rasagna
42	216Y1A05B4	THATIPAMULA RAKSHITHA	Rakshitha
43	216Y1A05B5	THOTA NEHA	Aleha
44	216Y1A05B8	VALUGONDA PRIYANKA	Priyanka
45	216Y1A05B9	VANGALA AKANKSHA REDDY	Akanksha Reddy
46	216Y1A05C0	VARIKOTI POORNA SREE	Poorna Sree
47	216Y1A05C1	VENDI RAJALAXMI	Rajalaxmi
48	216Y1A05C2	VODELA BHUVANESHWARY	Bhuvaneshwary
49	216Y1A05C3	VODNALA DEEKSHITHA	Deekshitha
50	206Y5A0412	GADDAM NIKHITHA	Nikhitha
51	206Y5A0413	GAJULA RUCHITHA SRI	Ruchitha Sri
52	206Y5A0414	JADALA HAMSIKA	Hamsika
53	206Y5A0416	KASHETTI SOWMYA	Sowmya
54	206Y5A0417	KONDA SHIRISHA	Shirisha
55	206Y5A0418	MANDHA TEJASREE	Teja Sree
56	206Y5A0419	MEESA SAHITHI	Sahithi
57	206Y5A0420	MITTAPALLI SUSMITHA	Susmitha
58	206Y5A0421	MORE SUDHA	Sudha
59	206Y5A0422	MUPPIDOJU HARSHITHA	Harshitha
60	206Y5A0423	NAGAVELLI SAI SUCHITHA	Sai Suchitha
61	206Y5A0424	SATHURI DEEPTHI	Deepthi
62	206Y5A0425	THOKALA VYSHNAVI	Vyshnavi
63	206Y5A0501	AKULA CHANDANA	Chandana
64	206Y5A0502	KOTA SAI KASTURI	Kasturi
65	196Y1A0569	NAGULA VYSHNAVI	Vyshnavi
66	196Y1A0570	NALIVELA SHANMUKHA PRIYA	Shanmukha Priya
67	196Y1A0571	NALUBALA HARIPRIYA	Haripriya
68	196Y1A0572	NANDIKONDA NAVYA	Navya
69	196Y1A0573	NEKKANTI PAVANI SRI NAGAVALLI	Pavani Sri
70	196Y1A0574	NERELLA SRINIJA	Srinija
71	196Y1A0575	PALADUGULA MADHURI	Madhura
72	196Y1A0576	PALLE SNEHA	Sneha
73	196Y1A0577	PALNATI ANUSHA	Anusha
74	196Y1A0578	PANCHAGIRI MANISHA	Manisha
75	196Y1A0579	PARAVASTHU SRILAXMI PRASANNA	Srilaxmi Prasanna
76	196Y1A0580	PATHIPAKA RAKSHITHA	Rakshitha
77	196Y1A0581	PERALA VINUTHNA	Vinuthna
78	196Y1A0582	PITTA SAI SRI	Sai Sri
79	196Y1A0583	PITTALA GOUTHAMI	Gouthami
80	196Y1A0584	PUPPALA RACHANA	Rachana
81	196Y1A0585	RAVULAKOLANU SRIVANI	Srirani
82	196Y1A0586	ROMANA TAFHEEM	Romana Tafheem
83	196Y1A0587	RUDROJU AKSHAYA	Akshaya
84	196Y1A0589	SAGARLA SUPRATHIKA	Suprathika
85	196Y1A0449	JAKKULA SUPRAJA YADAV	Supraja Yadav
86	196Y1A0450	JANGA PRIYANKA	Priyanka
87	196Y1A0452	KATTA SAHASRA	Sahasra
88	196Y1A0453	KESHI REDDY VASAVI	Vasavi
89	196Y1A0454	KOMATIREDDY SHRAVYA	Shravya
90	196Y1A0456	KOMMU BHUMIKA	Bhumika
91	196Y1A0459	KUSUMA PREETHIKA	Preethika



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92	196Y1A0460	LAKUM RASHMITHA	Rashmitha
93	196Y1A0462	MAREPALLI SAI SUSMITHA	Sai susmitha
94	196Y1A0464	MD NAZBUNNISA	Nazbunnisa
95	196Y1A0465	MEKKERA SATHVIKA	Sathvika
96	196Y1A0467	MOTAPOTHULA PRANITHA	Pranitha
97	196Y1A0469	NALIVELA NIHARIKA	Niharika
98	196Y1A0470	NALLABELLY RISHITHA	Rishitha
99	196Y1A0472	NERELLA PRASANNA	Prasanna
100	196Y1A0473	NERELLA SAMITHA	Samitha
101	196Y1A0476	POLSANI SAI PRIYA	sai priya
102	196Y1A0477	RACHARALA TEJASRI	Tejasri
103	196Y1A0478	SANA TABASSUM	Tabassum
104	196Y1A0479	SANDUPATLA LAXMI	Laxmi
105	196Y1A0480	SANKEESA KRUSHITHA	Krushitha
106	196Y1A0481	SHARMA DURGA	Durga
107	196Y1A0485	SUMERA GOUHAR	Gouhar
108	196Y1A0486	SUNKARI NITHIKA	Nithika
109	196Y1A0488	THAIREDDY KEERTHIKA	Keerthika
110	196Y1A0489	THATHA SHIRISHA	Shirisha
111	196Y1A0491	THODUPUNURI AKHILA	Akhila
112	196Y1A0492	THOTA SOUMYA	Soumya
113	196Y1A0493	THUMMA DEEPTHI MAI	Deepthi Mai
114	196Y1A0496	VALLAPU REDDY SINDHUJA	Sindhujha
115	196Y1A0498	VANAMALA SATHWIKA	Sathwika
116	196Y1A0499	VANCHA ASHRITHA REDDY	Ashritha Reddy
117	196Y1A04A3	VENGALA POOJA	Pooja
118	196Y1A0501	ADHRASANDI SRIDEEPA	Srideepa
119	196Y1A0502	ALAKUNTA MANUSHA	Manushe
120	196Y1A0503	ARUKALA HARIKA	Harika
121	196Y1A0504	ASFARHA TEHANOOR	Tehanoor
122	196Y1A0505	BANDI JYOTHI	Jyothi
123	196Y1A0506	BASANABOINA SNEHA	Sneha
124	186Y1A0462	NERELLA USHASREE	Ushasree
125	186Y1A0463	NIHARIKA ENUMULA	Enumula
126	186Y1A0464	PAMERA LAXMI KALYANI	Laxmi Kalyani
127	186Y1A0466	PATHA SOUMYA	Soumya
128	186Y1A0467	PATTEM YOGITHA SHIVANI	Shivani
129	186Y1A0469	PERUMANDLA KAVYA SRI	Kavya Sri
130	186Y1A0470	POKALA HIMABINDU	Himabindu
131	186Y1A0471	POLAMPELLY SUMANA REDDY	Sumana Reddy
132	186Y1A0472	POLLAPALLI SWETHA REDDY	Swetha
133	186Y1A0473	POLUSANI SUPRIYA	Supriya
134	186Y1A0474	PONUGOTI SUMA	Suma
135	186Y1A0476	RANAM REETHIKA	Reethika
136	186Y1A0477	REHANA	Rehana
137	186Y1A0479	SAANIA SHAZEEN	Shazeen
138	186Y1A0480	SALWA SHEREEN	Shereen
139	186Y1A0481	SAMALA RAMYA	Ramya

Rashmi
Coordinator



Reddy
HOD

Rajin
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WARANGAL - 506 371 (T.S.)



FEEDBACK FORM

Name of the Program <u>Health and Hygiene</u>					
Branch: <u>ECE</u>			Date: <u>03.09.2022</u>		
Name of the Student: <u>K. Anusha</u>			H.T. No. <u>216Y1A0447</u>		
S. No	Item	Excellent	Very good	Good	Poor
1	Is the lecture/hands-on training well organized?	✓			
2	Whether it is relevant to the curriculum?	✓			
3	Proficiency of the expert and delivery	✓			
4	Response to queries by resource person	✓			
5	Any suggestion/improvement (related to Industry scenario and others if any)	✓			

Comments(if any)-



K. Anusha
Student's Signature



FEEDBACK FORM

Name of the Program <u>Health and Hygiene</u>					
Branch: <u>CSE</u>			Date: <u>03.09.2022</u>		
Name of the Student: <u>Adepu veena vahini</u>			H.T. No. <u>216Y1A0502</u>		
S. No	Item	Excellent	Very good	Good	Poor
1	Is the lecture/hands-on training well organized?	✓			
2	Whether it is relevant to the curriculum?	✓			
3	Proficiency of the expert and delivery	✓			
4	Response to queries by resource person	✓			
5	Any suggestion/improvement (related to Industry scenario and others if any)	✓			

Comments(if any)-

session good



veena vahini
Student's Signature