



SUMATHI REDDY

INSTITUTE OF TECHNOLOGY FOR WOMEN

L e a r n i n g a t i t s b e s t

Affiliated to JNTUH - Approved by AICTE

No. SRITW/SKILLS/2018

Date: 17.09.2018

CIRCULAR

All the students are hereby informed that one day career guidance program on 'Sympathy and Empathy' will be organized on 20.09.2018. Interested students can enroll their names with the Co-Ordinator Mrs.V. Pranathi, Assistant Professor, Department of CSE.

You can refer brochure and program schedule for detailed information displayed on the notice board.

Venue: Seminar Hall.

To be read in all class rooms

Copy to

1. All HOD's (CSE, ECE, EEE and H&SC)
2. Administrative Officer.
3. Exam Branch
4. All notice boards

Rijan

Principal

Principal

Sumathi Reddy Institute of Technology for Women

Ananthasagar (V), Hasanparthy (M)

WARANGAL - 506 371 (TS)



SUMATHI REDDY

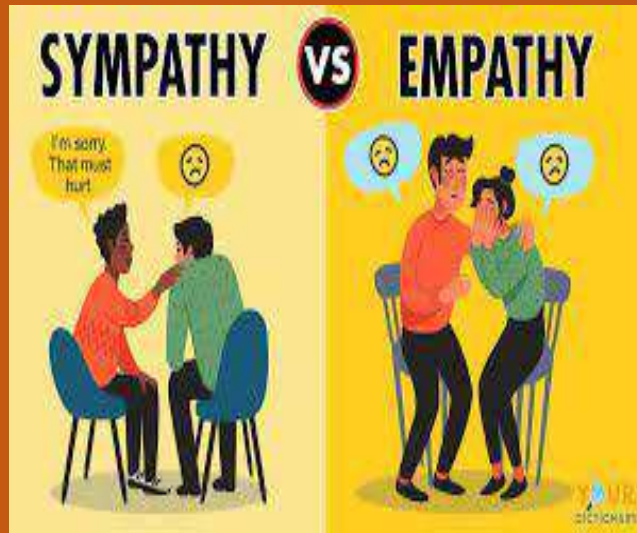
INSTITUTE OF TECHNOLOGY FOR WOMEN

Learning at its best
Affiliated to JNTUH, Approved by AICTE

One day Career Guidance program on Sympathy and Empathy

Key Points:

- Empathy vs. Sympathy
- Benefits of Empathy and Sympathy
- Building Self-Awareness
- Active Listening and Communication
- Empathy in the Workplace
- Empathy in Leadership



Date:

20.09.2018

Venue:

Seminar Hall

Time:

9:30am – 4:00pm

Resource Person:

Dr.SWAPNA,
psychologist

Note:

-No Registration Fee

Organized by
Department of Computer Science and Engineering



Riya

Principal

Sumathi Reddy Institute of Technology for Women
Ananthasagar (V), Hasanparthy (M)
WARANGAL - 506 371 (TS)



SUMATHI REDDY

INSTITUTE OF TECHNOLOGY FOR WOMEN

L e a r n i n g a t i t s b e s t

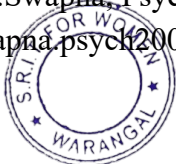
Affiliated to JNTUH - Approved by AICTE

Program Schedule:

Date/Day	Session Time	Topic for Discussion	Speaker
20.09.2018	10:00am - 10:40am	Differentiating Sympathy and Empathy.	Dr.SWAPNA, Psychologist
	10:40am - 11:20am	Importance of Sympathy and Empathy in the Workplace.	
	11:20am - 11:30am	Break	
	11:30am - 12:30pm	Sympathy and Empathy in Customer Service.	
	12:30pm - 1:30pm	LUNCH	
	1:30pm - 02:20pm	Developing Empathy Skills.	Dr.SWAPNA, Psychologist
	02:20pm - 3:00pm	Cultivating Sympathy and Empathy in Leadership.	
	3:00pm – 3:45pm	Integrating Sympathy and Empathy into Career Choices.	
	3:45pm – 4:00pm	Closing Remarks	

Resource Person Details: Dr.Swapna, Psychologist, Telangana

swapna.psych2002@gmail.com



Principal
Principal
Sumathi Reddy Institute of Technology for Women
Ananthasagar (V), Hasanparthy (M)
WARANGAL - 506 371 (TS)



SUMATHI REDDY

INSTITUTE OF TECHNOLOGY FOR WOMEN

L e a r n i n g a t i t s b e s t

Affiliated to JNTUH - Approved by AICTE

REPORT OF THE PROGRAM



A one day career guidance program has been taken by Dr.Swapna Psychologist on 20.09.2018

SRITW conducted a program on 'Sympathy and Empathy' by Dr.SWAPNA, psychiatrist at SRITW Seminar Hall.

Sympathy is the feeling of compassion, concern, or pity for the hardships, struggles, or suffering of another person. When you feel sympathy for someone, you acknowledge their pain and express care and support for their situation. Sympathy does not necessarily involve fully understanding or experiencing the emotions of the other person; rather, it focuses on acknowledging their distress and offering comfort.

For example, if a friend loses a loved one, you might feel sympathy for them and express condolences, even if you haven't experienced the same loss yourself. Sympathy is often expressed through words of comfort, gestures, or actions meant to alleviate the person's pain

Empathy goes beyond sympathy and involves the ability to deeply understand and share the feelings and perspectives of another person. When you empathize with someone, you're able to put yourself in their shoes, experiencing their emotions as if they were your own. Empathy requires a high level of emotional intelligence and the capacity to connect with others on a profound level.

For example, if a friend is going through a difficult breakup, you might empathize by recalling your own past experiences of heartbreak and truly feeling their pain. This deep understanding allows you to offer not only words of comfort but also a genuine sense of companionship and shared emotions.

Objectives of the program:

- To provide guidance and assistance for the students to achieve their career goals.
- To create awareness among students regarding available career options and help them in identifying their career objectives.
- To help students share knowledge about themselves by identifying skills, and interests.
- To provide students career guidance and impart training in communication skills, to improve their employment opportunities and arranges on campus and off-campus placement drives.
- To provide platform in assisting the college for enhancing the potential of the courses and improving job opportunities and also create awareness of the jobs for which the students are eligible.
- To provide platform in assisting the college for enhancing the potential of the courses and improving job opportunities and also create awareness of the jobs for which the students are eligible.

Outcomes:

After completion of the program, the student should be able to

- Maintains Emotional Distance
- May Lead to Acts of Kindnes
- Enhanced Communication
- Facilitates Problem-Solving
- Promotes Emotional Growth



Rijan
Principal
Sumathi Reddy Institute of Technology for Women
Ananthasagar (V), Hasanparthy (M)
WARANGAL - 506 371 (TS)



SUMATHI REDDY

INSTITUTE OF TECHNOLOGY FOR WOMEN

Learning at its best
Affiliated to JNTUH, Approved by AICTE

LIST OF STUDENTS ENROLLED FOR SYMPATHY AND EMPATHY

DATE:20-09-2018

S.NO	ROLL NUMBER	NAME	SIGNATURE
1	156Y1A0564	NOMULA DEEPTHI	Deepthi
2	156Y1A0567	PILLALAMARRI AKSHARA	Akshara
3	156Y1A0568	RAJIDI ANANYA REDDY	Ananya
4	156Y1A0570	RIMSHA SEEMAL	Seemal
5	156Y1A0571	SABAHAT TAHREEN	Tahreen
6	156Y1A0573	SATLA RAMYA	Ramyas
7	156Y1A0575	SHEELA SUMA	Suma
8	156Y1A0576	SHIREESHA THEEGULLA	Shireesha
9	156Y1A0577	SHIVA SANNIDHYA KESHI REDDY	Shiva Sannidhya
10	156Y1A0578	SP SREE NAGA VIDYA PRATHYUSHA	Prathyusha
11	156Y1A0579	SREERAMULA APARNA	Aparna
12	156Y1A0580	SUDDALA SAHITHI	Sahithi
13	156Y1A0582	SURAPANENI NAVYA	Navya
14	156Y1A0427	KOTHA SHIRISHA	Shirisha
15	156Y1A0428	KURA NAVYA	Navya
16	156Y1A0430	KYATHAM KAVYA	Kavya
17	156Y1A0431	LUBNA AHMED	Lubna
18	156Y1A0432	MALEY KAVYASRI	Kavyasri
19	156Y1A0435	MARTHA SAGARIKA	Sagarika
20	156Y1A0436	MATURI MANASA	Manasa
21	156Y1A0437	MOHAMMAD SHAHIN SULTHANA	Shahin
22	156Y1A0438	MUNAZZA SHAHREEN	Shahreen
23	156Y1A0441	NALLA MANASAVEENA	Manasaveena
24	156Y1A0442	PALLENI SRAVANI	Sravani
25	156Y1A0443	PASUNUTI SAMATHA	Samatha
26	156Y1A0445	PESARU POOJA	Pooja
27	156Y1A0447	RAGULA VEENA	Veena
28	156Y1A0448	RONDLA MOUNIKA	Mounika
29	156Y1A0450	SUMAYYA NAZNEEN	Nazneen
30	166Y1A0540	GINUKALA SRIJA	Srija
31	166Y1A0541	GOGIKAR VYSHNAVI	Vyshnavi
32	166Y1A0543	GORANTALA APOORVA	Apoorva
33	166Y1A0545	GUGULOTH SWAPNA	Swapna
34	166Y1A0546	GUNDU SUPRAJA YADAV	Supriya
35	166Y1A0547	GURRAPU SAILEKHA	Sailekha
36	166Y1A0548	JATOTHU ANUSHA	Anusha
37	166Y1A0549	JOJULA SAI NIKHILA	Nikhila
38	166Y1A0550	KALLEM CHANDANA REDDY	Chandana
39	166Y1A0553	KARRE NIHARIKA	Niharika
40	166Y1A0554	KOKKU TEJASRI	Tejasri
41	166Y1A0556	KOLUGOORI SHIVANI	Shivani
42	166Y1A0557	KOMMINENI NIKHITHA	Nikhitha
43	166Y1A0558	KONDA SAI PRASANNA	Sai Prasan



PRINCIPAL

Sumathi Reddy Institute of Technology for Women
Ananthasagar (V), Hasanparthy (M)
WARANGAL - 506 371 (T.S.)

S.NO	ROLL NUMBER	NAME	SIGNATURE
44	166Y1A0559	KOTAGIRI SWATHI	lc. swathi
45	166Y1A0561	LAXMI VEERAGONI	L. Veeragoni
46	166Y1A0563	MANISHA VELIDE	Manisha
47	166Y1A0564	MANKALA ANUSHA	Anusha
48	166Y1A0460	POGAKU RASAGNA	Rasagne
49	166Y1A0462	PULLURI NANDINI	Nandini
50	166Y1A0463	PUNNAM NAVYA	Navya
51	166Y1A0466	SADENENI KAVYA SRI	Kavya
52	166Y1A0469	SIVANGULA RISHIKA	Rishika
53	166Y1A0470	SUTHARI SREESHMA	Sreeshma
54	166Y1A0471	SYEDA MEHVISH JAMAL	Mehvish
55	166Y1A0473	THALLAPELLE MADURI	Maduri
56	166Y1A0476	VEMULA SACHIVYA REDDY	Sachivya
57	166Y1A0477	VENUVANKA MANSI	Mansi
58	166Y1A0478	VURLUGONDA SOUMYA	Soumya
59	166Y1A0479	ZILPELLIWAR SREEJA	Sreeja
60	176Y5A0402	ALUGOJU SPANDANA	Spandana
61	176Y5A0405	MANTHRI SHASHIKALA	shashikala
62	176Y5A0406	MODEM DIVYA	Divya
63	166Y1A0202	ANISHA AMBALA	A. Anisha
64	166Y1A0203	ANKARI RAJLAXMI PRABHAKAR	Rajalakshmi
65	166Y1A0204	BANOTH SWATHI	B. Swathi
66	166Y1A0205	BHARATHA HARIKA	Harika
67	166Y1A0206	CHALLAGONDA SRUTHI	Sruthi
68	166Y1A0207	CHILUVERU ANUSHA	C. Anusha
69	166Y1A0208	CHIRRA SRAVANI	Sravani C
70	166Y1A0209	DADA SRAVANTHI	Sravanti
71	166Y1A0210	DANDU ANUSHA	Anusha
72	166Y1A0211	DUGYALA TULASI	D. Tulasi
73	166Y1A0212	GOPARAJU DHARANISRI	D. Tulasi
74	166Y1A0213	GUGULOTH MOUNIKA	Mounika
75	166Y1A0214	JANNU AKHILA	J. Akhila
76	166Y1A0215	KODIPAKA SAI SHIVANI	Sai
77	176Y1A0586	SAGI KAVYA	S. Kavya
78	176Y1A0587	SAMA SARIKA	Sarika
79	176Y1A0588	SANAM SINDHUJA	Sindhujha
80	176Y1A0589	SIDRA ALEEM	A. Sidra
81	176Y1A0590	SRIRAMOJU ROHINI	Rohini
82	176Y1A0591	SUDULA KALYANI	S. Kalyani
83	176Y1A0592	SUNCHU VAMSHA SRI	Sumanee
84	176Y1A0593	SYEDA SAMIYA FATHIMA	Fathima
85	176Y1A0594	THALLA SAHITHI REDDY	T. sahithi
86	176Y1A0596	THATHARI VARSHINIKHA	varshinika
87	176Y1A0215	NAGAM VENNELA	N. Vennela
88	176Y1A0216	PADALA HARIKA	Harika
89	176Y1A0217	PARVATHAM SOUMYA	Soumya
90	176Y1A0218	PEEABOINA AMRUTHAVARSHINI	Amrutha
91	176Y1A0219	POSHALA KOUSHIKI GOUD	Koushiki
92	176Y1A0220	PULICHERI SINDHURA	P. Sindhura
93	176Y1A0221	PULUMATI SUSHMITHA	Sushmitha



PRINCIPAL
Sumathi Reddy Institute of Technology for Women
Ananthasagar (V), Hasanparthy (M),
WARANGAL - 506 371 (T.S.)

S.NO	ROLL NUMBER	NAME	SIGNATURE
94	176Y1A0222	RASHMI	Rashmi
95	176Y1A0223	SYEDA SHAFIYA YASMEEN	Yasmeen
96	176Y1A0428	ESLAVATH MOUNIKA	Mounika
97	176Y1A0429	GEEKURU HYNDHAVI	Hyndhavi
98	176Y1A0430	GELLU ANUSHA	Anusha
99	176Y1A0431	GOLKONDA SHRAVYA	Shravya
100	176Y1A0432	GOLLA SAI PRASANNA	Sai Prasan
101	176Y1A0433	GOTTAM SINDHU	Sindhu
102	176Y1A0434	GUDI SINDHUJA	Sindhuja
103	176Y1A0435	GUNDABOINA GAYATHRI	Gayathri
104	176Y1A0436	ISHRATH MUBEENA	Mubeena
105	176Y1A0437	JANAGANI TEJASWINI	Tejaswini
106	176Y1A0438	JILLA MEGHANA	Meghana
107	176Y1A0439	KALALI KAVYA	Kavya
108	176Y1A0440	KANCHANEHA	Neaha
109	176Y1A0441	KANDUKURI TEJASRI	Tejasri
110	176Y1A0442	KANKANALA HARSHITHA	Harshitha
111	176Y1A0443	KARIVEDA PRASANNA	Prasanna
112	176Y1A0444	KARNATI RACHANA	Rachana
113	176Y1A0445	KATTA VINITHA	Vinitha
114	176Y1A0446	KATUKAM NIVEDITHA	Niveditha
115	176Y1A0447	KAVETI MANASA	Manasa
116	176Y1A0448	KAZIPETA VAISHNAVI	Vaishnavi
117	176Y1A0449	KOMARANENI PRATHUSHA	Prathusha
118	176Y1A0450	KOMURAVELLI PREETHI	Preethi
119	176Y1A0451	KONDLE NIKHITHA	Nikhitha
120	176Y1A0452	KUNDURU SRIYAMSHA REDDY	Sriyamsha
121	176Y1A0453	LINGAMPALLY SHIVANI RAO	Shivani
122	176Y1A0454	LINGAMPELLI AKHILA DEVI	Akhila
123	176Y1A0455	MADDELA DEEPIKA	Deepika
124	176Y1A0456	MENGANI NIHARIKA	Niharika
125	176Y1A0457	MERGU AKHILA	Akhila
126	176Y1A0458	MYAKA SWATHI	Swathi
127	176Y1A0459	NAGIREDDY PRANATHI	Pranathi
128	176Y1A0460	NAINENI HARSHINI	Harshini
129	176Y1A0461	NARISHETTI MANASA	Manasa
130	176Y1A0462	NASANI SAI TEJASWI	Sai Tejaswi
131	176Y1A0463	NAZEEMA ZUHA	Zuha
132	176Y1A0464	PARAKALA SNIGDHA	Snigdha
133	176Y1A0465	PARSHA SANGHAVI	Sanghani
134	176Y1A0466	PESARU BHARGAVI REDDY	Bhargavi
135	176Y1A0467	PINAGANI BHAGYASRI	Bhagyasri
136	176Y1A0468	PINDI SANKEERTHI	Sankeerthi
137	176Y1A0469	PULI SOWMYA	Sowmya

Pranathi
COORDINATOR

SJ
HOD



Rejani
PRINCIPAL
Sumathi Reddy Institute of Technology for Women
Ananthasagar (V), Hasanparthy (M)
WARANGAL - 506 371 (T.S.)

**SUMATHI REDDY**

INSTITUTE OF TECHNOLOGY FOR WOMEN

Learning goes best
Affiliated to JNTUH, Approved by AICTE**FEEDBACK FORM**

Name of the Program <u>Sympathy and Empathy</u>					
Branch: <u>CSE</u>			Date: <u>20-09-2018</u>		
Name of the Student: <u>S. Ramya</u>			H.T. No. <u>15641A0573</u>		
S. No	Item	Excellent	Very good	Good	Poor
1	Is the lecture/hands-on training well organized?	✓			
2	Whether it is relevant to the curriculum?	✓	✓		
3	Proficiency of the expert and delivery	✓			
4	Response to queries by resource person				
5	Any suggestion/improvement (related to Industry scenario and others if any)				

Comments(if any) very usefull in daily lifeStudent's Signature Ramya**PRINCIPAL**Sumathi Reddy Institute of Technology for Women
Ananthasagar (V), Hasanparthy (M)
WARANGAL - 506 371 (T.S.)**SUMATHI REDDY**

INSTITUTE OF TECHNOLOGY FOR WOMEN

Learning goes best
Affiliated to JNTUH, Approved by AICTE**FEEDBACK FORM**

Name of the Program <u>Sympathy and Empathy</u>					
Branch: <u>ECE</u>			Date: <u>20-9-2018</u>		
Name of the Student: <u>P. Pooga</u>			H.T. No. <u>15641A0445</u>		
S. No	Item	Excellent	Very good	Good	Poor
1	Is the lecture/hands-on training well organized?	✓			
2	Whether it is relevant to the curriculum?		✓		
3	Proficiency of the expert and delivery				
4	Response to queries by resource person				
5	Any suggestion/improvement (related to Industry scenario and others if any)				

Comments(if any) Program is amazingStudent's Signature Pooga**PRINCIPAL**Sumathi Reddy Institute of Technology for Women
Ananthasagar (V), Hasanparthy (M)
WARANGAL - 506 371 (T.S.)